



CONGREGATION OF BENEDICTINE SISTERS OF PERPETUAL ADORATION
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News Release

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Benedictine Sisters learn tricks to bio-intensive gardening

Tucson, Ariz. — Responsible stewardship of the earth is an important value of Benedictine life, and several Benedictine Sisters of Perpetual Adoration recently had the opportunity to learn more about environmental gardening.

In March, Dr. Heather Devich, who has been a guest of the Tucson, Ariz., community for several months while working on a project for UNICEF, presented a bio-intensive environmental gardening seminar in March for several of the Benedictine Sisters.

“We learned how to test soil in the area where one lives, how to make soil ready to receive the seed, how to care for and protect the garden from predators and even how to clean your tools after use. St. Benedict must have been pleased,” Sister Kathleen Gorman, OSB said.

In the afternoon, Dr. Devich took some of the participants to the Environmental Research Lab, which is managed by staff from the University of Arizona.

The Tucson community has also received favorable notice for their new community garden where neighbors are welcomed and encouraged to grow their own food in small plots of land.



Dr. Heather Devich (above, left) instructs Benedictine Sister Ruth Starman on the finer points of bio-intensive gardening during a workshop held in March at the Tucson community.

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