



CONGREGATION OF BENEDICTINE SISTERS OF PERPETUAL ADORATION
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News Release

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Summer Experience attracts women interested in monastic life

CLYDE, Mo. - Lisa Simmonds and Sondra Mink (pictured in the center) took part in the Summer Monastic Experience hosted by the Benedictine Sisters of Perpetual Adoration held July 5-12 in Clyde.

The participants from Florida and Kansas joined the Sisters for prayer, work, meals and recreation. They assisted with altar bread production, soap making and in the sewing room.

They also attended classes on the Psalms, community living, discernment, different ways to pray and *Lectio Divina*.

“Even though we had a small group this year it was still great to share our Benedictine lifestyle and have these women share their journey with us,” said Sister Ruth Elaine Starman, OSB, congregational vocation director.



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