



CONGREGATION OF BENEDICTINE SISTERS OF PERPETUAL ADORATION
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News Release

FOR IMMEDIATE RELEASE

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Benedictine Sisters elect new leadership

CLYDE, Mo. - The Benedictine Sisters of Perpetual Adoration held elections for their new prioress general and council members during their two-week chapter meeting, which concluded June 12 in Clyde.

Sister Pat Nyquist, OSB was elected prioress general and Sisters Dawn Annette Mills, OSB, Cheryl Morehead, OSB and Ruth Elaine Starman, OSB were elected to the general council.

They were installed during a ceremony held June 13 at the Adoration Chapel in Clyde, presided over by Abbot Gregory Polan, OSB of Conception Abbey.

The sisters will each serve six-year terms for the congregation, which includes 93 professed sisters and four women in formation. Their communities are located in Clyde, Tucson, Ariz., and Dayton, Wyo.

Sister Pat Nyquist, a native of Moorhead, Minn., joined the Benedictine Order in 1974 and earned a bachelor's degree in business administration from the College of St. Benedict in St. Joseph, Minn., and a master's degree in business administration from the University of Notre Dame.

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The Benedictine Sisters of Perpetual Adoration have elected their new leaders for the next six years. They are (from left) Sister Pat Nyquist, Sister Cheryl Morehead, Sister Ruth Elaine Starman and Sister Dawn Annette Mills.

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Among her earlier jobs within the Congregation were treasurer, co-manager of the altar bread department, director of novices and Clyde subprioress. She is a member of the American Benedictine Formation Conference. Sister Pat served as prioress of the sisters' Clyde community from 2005 until her election as prioress general.

Sister Dawn Annette Mills was born in Gary, Ind., and entered the Benedictine Sisters in 1975. She completed a master's program at the Institute for Culture and Creation Spirituality at Holy Names College in Oakland, Calif. She is an accomplished author and presents workshops on a variety of religious subjects throughout the country.

She has served as prioress of the Tucson community, as a pastoral minister and an oblate director. Most recently she headed the sisters' correspondence department, which answers prayer requests, handles direct mailings regarding prayer intentions and keeps the records for the Association of Perpetual Adoration, an affiliation of those who are remembered daily by the sisters in their prayers and ministry.

Sister Cheryl Morehead is from Albert Lea, Minn. She earned degrees from Corbett College in Crookston, Minn., and the University of North Dakota. She made her entrance with the Benedictine Sisters in 1989 and was the subprioress of the Clyde community from 1998 to 2002 and again since 2005. She will also serve as the community's administrator until the sisters hold elections for their new prioress in July.

Sister Ruth Elaine Starman is an Elgin, Neb., native and earned a bachelor's degree in biology and computer science from the University of Nebraska-Kearney. She entered the congregation in 1993 and has served as the congregation's vocation director since 2005.

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