



CONGREGATION OF BENEDICTINE SISTERS OF PERPETUAL ADORATION
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News Release

FOR IMMEDIATE RELEASE

March 13, 2008

Benedictine Sister to appear on syndicated “American Countryside” radio program

CLYDE, Mo. - On Good Friday, Benedictine Sister of Perpetual Adoration Lynn Marie D’Souza will be a featured guest on *American Countryside*, a radio program that is syndicated on more than 85 stations throughout the Midwest.

The Benedictine Sisters are a contemplative monastic community dedicated to the Rule of St. Benedict and serve the Catholic Church through a ministry of contemplative prayer and a distinctive dedication to the Eucharist. Their main work is the production of altar breads, and they are the sole providers of low-gluten communion wafers in the nation.

Sister Lynn Marie, who is the manager of the altar bread department, will share details of their altar bread ministry and how it closely relates to their devotion to the Eucharist.

American Countryside is hosted by Andrew McCrea, keynote speaker, author and broadcaster. The show, which has been awarded five Oscars in agriculture, offers insight into the ordinary and the extraordinary stories of people and places across the nation.

The Easter-themed program will air on Friday, March 21. Please check local listings at

www.brownfieldnetwork.com or listen at www.americancountryside.com.



**Sister Lynn Marie
D’Souza, OSB**



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