



CONGREGATION OF BENEDICTINE SISTERS OF PERPETUAL ADORATION

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News Release

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Benedictine Sister featured in Art of Soap book

CLYDE, Mo. - When she opened the package Sister Cathleen Marie Timberlake, OSB felt she had just received a “wonderful, beautiful present.”

The gift was a copy of the book, “Art of Soap,” which showcases the lives of hand-crafted soapmakers from around the world. Sister Cathleen Marie, a member of the Benedictine Sisters of Perpetual Adoration and affectionately called the Soap Sister, is one of 24 artisans profiled in the book.

The chapter that tells Sister Cathleen Marie’s story details how she became interested in soapmaking 10 years ago, how she weaves a life of prayer into her craft and how creating that first bar turned into a successful business for her contemplative community.

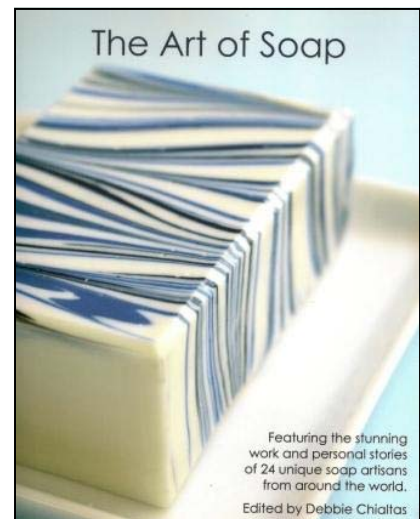
“It was very exciting to see the book for the first time and to see – in writing – where my journey as a soapmaking monk has taken me,” she said.

Editor Debbie Chialtas said the book was inspired by and was written for “those who love to make and use soap, and anyone who appreciates handmade arts.”

“In ‘The Art of Soap’ I wish to represent a little of everything: Philosophy, Inspiration, Technique, and Presentation,” she writes on her website. “Artisans from all over the world have contributed their work and personal stories to the book.”

Meanwhile, Sister Cathleen Marie, whose soaps sell under the Benedictine Sisters’ Monastery Scents brand, continues to be amazed by how her soap has been received and is excited about what the book will offer.

<MORE>



Benedictine Sister Cathleen Marie Timberlake is one of 24 artisans featured in the new book, “Art of Soap.”

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“I hope people will realize the beauty and talent that goes into making something as ordinary as soap,” she said. “As can be seen through the photos and writings of others, we approach it from many varying points of view, but there is also a commonality that brings the 24 of us together and that is the love for the craft and the experience of creating something so precious.”

To learn more about Sister Cathleen Marie’s soaps, please log onto www.monasterycreations.com. “Art of Soap” is available for purchase at <http://theartofsoapbook.blogspot.com/>.

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