



CONGREGATION OF BENEDICTINE SISTERS OF PERPETUAL ADORATION

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News Release

FOR IMMEDIATE RELEASE

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Benedictine Sister appointed postulant & novice director

CLYDE, Mo. – Benedictine Sister of Perpetual Adoration Lynn Marie D’Souza, OSB has been appointed postulant and novice director for the Congregation.

As postulant and novice director, Sister Lynn will organize work schedules and classes for women in formation, meet weekly to assess how they are doing as they learn to live the monastic life and help them to develop and nurture their spiritual lives.

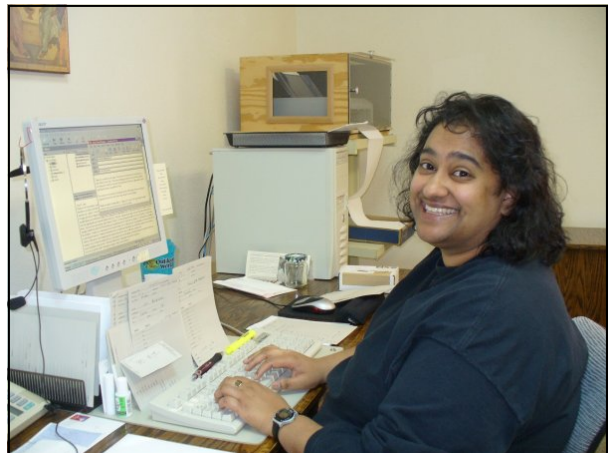
Sister Lynn, who earned a degree in biomedical science from Texas A&M University, entered the Benedictine Sisters in 1999 and made her final monastic profession in 2005.

She was instrumental in helping the sisters’ develop a low-gluten altar bread recipe for those suffering from Celiac Disease, a digestive disorder triggered by gluten, a protein found in wheat, barley and other grains.

She worked in the business department of the sisters’ altar bread department for several years before becoming manager in 2007. She was soon appointed subprioress of the Clyde community and served in that role until last year, when she was chosen to attend a yearlong formation program sponsored by the Institute of Religious Formation at the Catholic Theological Union in Chicago.

“Sister Lynn has such love and enthusiasm for and commitment to our way of life,” Prioress General Sister Pat Nyquist said about choosing Sister Lynn for the position. “She conveys that enthusiasm to others along with the academic and spiritual training that is so crucial for anyone preparing to make a lifelong commitment to religious life.”

<MORE>



Sister Lynn Marie D’Souza (above) has been appointed director of postulants and novices for the Benedictine Sisters’ Congregation.

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Sister Lynn is a first-generation American, the youngest of five children born to parents who emigrated from India. Born in St. Louis, she was 14 when the family moved to College Station, Texas, where she became a member of the Austin (Texas) Diocese. She will conduct her new duties from the Benedictine Sisters' monastery in Tucson, Ariz., where the Congregation welcomed a new postulant over the weekend.

"We all rejoice at the new life in our midst," Sister Lynn said. "I trust with the grace of God and the support and prayers of my sisters that we will thrive!"

Sister Lynn succeeds Sister Rita Clair Dohn, OSB, who will continue as manager of the altar bread department.

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