



**SPRING BREAK MONASTIC EXPERIENCE**  
HOSTED BY THE BENEDICTINE SISTERS OF PERPETUAL ADORATION  
MARCH 13-17, 2010 OR MARCH 20-24, 2010  
CLYDE, MISSOURI

Classes, work, grades, cellphones, bills, roommates, studying.  
Life gets exhausting. You need a break.

But not the usual Spring Break.

You need a place to relax, to close your eyes, to breathe.

Away from the stress, the noise, the insanity that is your life.

Step into a place that offers the gifts of silence, prayer and peace.

**SPEND YOUR SPRING BREAK AT OUR MONASTERY.**

You don't have to become a nun or even think about it.

Just enjoy the solitude, the scenery and the life God gave you.



Making new friends



Quiet setting



Biking and hiking



Cross generations



Prayer



New experiences

Cost: \$25

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