



CONGREGATION OF BENEDICTINE SISTERS OF PERPETUAL ADORATION

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News Release

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Benedictine Sister pens book on Eucharistic Adoration

CLYDE, Mo.— Eucharistic adoration has been the lifeblood of the Benedictine Sisters of Perpetual Adoration since their founding over 135 years ago. Now others can share in this much-loved spiritual opportunity through a new book by Benedictine Sister Joan Ridley, OSB.

“In the Presence: The Spirituality of Eucharistic Adoration” offers devotional and theological perspectives and suggestions for modern Catholics to connect with adoration in a contemporary way.

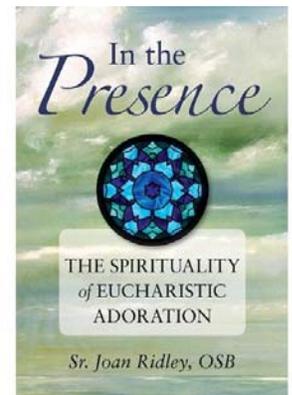
Sister Joan entered a missionary Dominican community when she was just 18 years old. She earned degrees in social work and law, using them to serve the poor in ministry.

“Although I helped many people, I wondered what would change the heart of the world,” she said. “I realized that our world is changed when the heart of each person becomes filled with compassion, which can only come from love and from prayer.”

In 1996, she embraced the call to monastic life and transferred to the Benedictine Sisters of Perpetual Adoration.

“The Eucharistic focus of our congregation is clearly adoration, and the Sisters pray and speak of their love for Jesus Christ in the Eucharist. It’s a wonderful gift,” Sister Joan said. “So I wanted to explore the meaning of adoration and share it with others so that they too might realize the immense joy that comes from praying before the Blessed Sacrament.”

So Sister Joan began researching contemporary expressions of prayer in the Blessed Sacrament, which then became a series of articles written from 2007 to 2008 for the Congregation’s magazine, “Spirit&Life.”



Sister Joan Ridley (above, left) has written a new book about Eucharistic Adoration that will be released in February.

<MORE>

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After their publication, she spoke with a former publisher for Liguori Publications who agreed that it could easily become a book, one that was needed in the Church today.

“In the Presence” is a valuable resource for anyone who wants to learn about Eucharistic adoration and how it is a vital prayer in today’s world for both lifelong Catholics and those new to faith formation.

“I feel so blessed to have completed this project,” Sister Joan said. “It is also a reflection of the blessings I have received in this congregation over the years.”

She is a member of the Benedictine Sisters’ Tucson, Ariz., community.

“ In the Presence: The Spirituality of Eucharistic Adoration ” is published by Liguori Publications and will be release in February.

It will be available at <http://www.liguori.org/productdetails.cfm?PC=11614> or through the Benedictine Sisters ’ website www.monasterycreations.com for a small discount. The purchase will directly support the Sisters’ ministry of prayer.

Books will be also available for sale at each of the Sisters ’ three monastery gift shops in Tucson, Ariz., Clyde, Mo., and Dayton, Wyo.

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