



CONGREGATION OF BENEDICTINE SISTERS OF PERPETUAL ADORATION
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News Release

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Benedictine Sisters to host Summer Monastic Experience

CLYDE, Mo. - The Benedictine Sisters of Perpetual Adoration will host their annual Summer Monastic Experience July 8-14, 2009, at their community in Clyde, Mo.

The weeklong residential program invites single women between the ages of 18-49 without children who might be discerning a call to contemplative monastic life. The week will include sessions involving prayer life and how to incorporate Benedictine practices into the participants' daily lives, working with various departments throughout the community and attending social events with the sisters.

The program gives women who are looking for options for their future a chance to experience monastic life, to give them time away from busy schedules and to share with other women who might be thinking about religious life, Vocation Director Sister Ruth Elaine Starman said.

"Discerning a religious call can be difficult, especially amid the craziness of everyday life," Sister Ruth said. "This experience gives women a chance to leave the busy schedule behind and enter into monastic time where life flows around chanting the Psalms, celebrating the Eucharist, performing simple but important works, appreciating the beauty of the outdoors, enjoying quiet times with others and discussing what matters most."

There is no cost to participate in the program, but reservations must be made in advance by June 20. For more information or to reserve a place in the program, please contact Sister Ruth at vocation@benedictinesisters.org or (660) 944-2221 or log onto www.benedictinesisters.org.



The Benedictine Sisters' monastery in Clyde, Mo., will be the site for the annual Summer Monastic Experience, which offers a quiet, weeklong oasis for women who might be discerning a call to religious life.

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